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AUGUST 2022

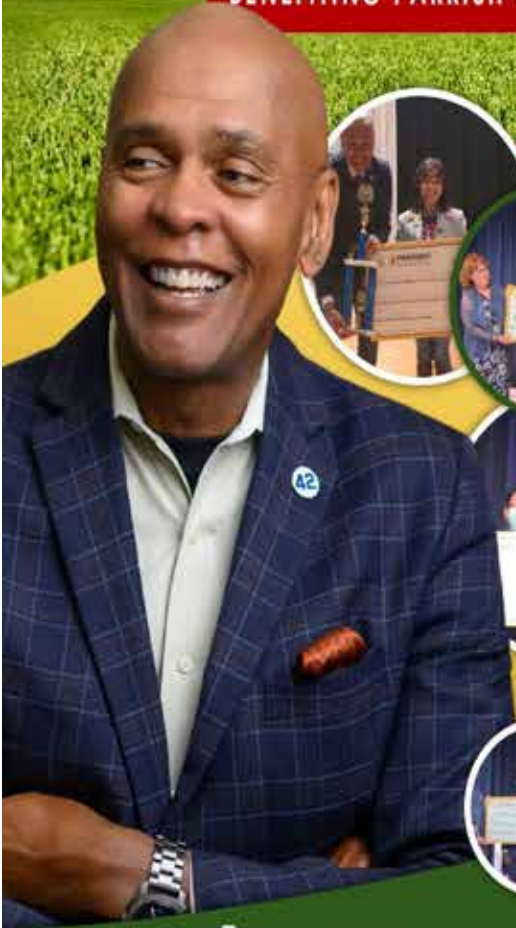


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Faith-Based Community Education Breakfast

September 16
The Golf Club of Dallas

7:30AM - 9:00AM

Registration of golfers and networking/ Meet and Greet golfers, clergy, and education leaders

9:15AM - 10:45AM

Faith-Based Education Breakfast and Conversation
Moderator: Tashara Parker WFAA8 (to be confirmed)

Panelists:

Dallas ISD (Dr. Stephanie Elizalde to be confirmed new Superintendent of Dallas ISD)
DeSoto ISD (Dr. Usamah Rodgers to be confirmed new Superintendent of Desoto ISD)
UTA (new Provost Tamara Brown - confirmed)
TSU (President Lesia Crumpton-Young to be confirmed)

SOUTHERN UNIV.

TEXAS A&M UNIVERSITY- COMMERCE

UNT-DALLAS

PAUL QUINN COLLEGE

Attendees:

Pastors and Community Leaders(Senator Royce West confirmed)

Topic:

Ensuring Access, Success, and viable Career Pathways along the PK-16 Continuum

Strategies:

ISDs - college readiness, P-Tech (corporate partnerships), ECHS, promise programs

Universities - college access, building & strengthening campus community, student success efforts, persistence to graduation, internships, career pipelines

UTA is ranked #1 Texas for graduating Black students with bachelor and/or master degrees. UTA will represent 4 year public IHE.

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Our UNCF Walk For Education
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PUBLISHER'S DESK



It's August and it's July also was the month we lost two icons. The basketball legend Bill Russell, who was more than just a great basketball player, but a humanitarian and Star Trek Actress, Nichelle Nichols. She was one of the first Black women featured in a major television series when she hit the screen for Star Trek back in 1967. For Bill Russell, he is tied with Henri Richard for the most championships won by an athlete in North American sports. Mr. Russell was 88 and Ms. Nichols was 89 upon passing.

Staying on the subject of heat, we have also seen lots of grass fires, with the one in Balch Springs leading to a massive blaze that set homes afire in that area. It was the largest fire in the city's history. Thank God no one was hurt or injured, but a family dog of one of the homeowners didn't make it out. In all, 26 homes were damaged and 9 homes were completely destroyed. Local organizations such as Trusted World have stepped in and given \$14,000 in clothes, toiletries and other items. There has also been a company, The

Design Quad Floors & Home, that has volunteered to rebuild one home that was completely lost. The owner, Nikki Giovanni Watson, told her team of guys about the home and they volunteered to do a rebuild of what the insurance company wouldn't cover. Thank God for them and other businesses that give back to the community. If you would like to help the residents of the Balch Springs fire, please contact the Opal J. Smith Food Pantry for any donations that you can give. This is a time when we need the entire community to help as much as possible.

July also was the month we lost two icons. The basketball legend Bill Russell, who was more than just a great basketball player, but a humanitarian and Star Trek Actress, Nichelle Nichols. She was one of the first Black women featured in a major television series when she hit the screen for Star Trek back in 1967. For Bill Russell, he is tied with Henri Richard for the most championships won by an athlete in North American sports. Mr. Russell was 88 and Ms. Nichols was 89 upon passing.

It's back to school time already for some schools! My wife's school is one of them. Let's pray for our teachers, students, faculty and everyone associated with our schools, including the parents. We may not be able to pray in school, but that doesn't stop us from praying for the schools.

Until Next Time, May God bless and keep you all is my prayer.

James Valentino Thomas II
The Publisher & CEO

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CEO/Publisher
James V. Thomas II

Magazine Layout
Ivy N. McQuain

Intern
Alyssa Riojas

Creative Director
Rod Jones

Contributing Writers

Carol Taylor

Neva Cochran

Kayla Tucker Adams

Leah Frazier

Angie Ransome-Jones

Toska Medlock Lee

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SPORTS

CAMP EXPOSURE EMPOWERS ATHLETES FOR ON AND OFF THE FIELD SUCCESS

Camp Exposure, powered by Vista Bank, held its NFL-style combine training camp for 100 underserved high school athletes at Highland Park's Highlander Stadium on July 8th - 10th, with personal and professional development sessions held at the Embassy Suites of Dallas Park Central. Athletes hailed from all over the DFW Metroplex representing Carter High School, South Oak Cliff High School, Desoto High School, Mesquite, Frisco, Skyline, Duncanville, Lancaster, Cedar Hill, Rockwall and more.

Athletes were primarily recruited by Camp Exposure Founders Lubbock Smith, Tyler Patmon and Jeremiah Hatch by invitation only in order to participate in the 3-day experience. Players received not only on-the-field training by some of the best in the NFL (Josh Hicks - Ezekiel Elliott's trainer and Chris Harris, Jr.), but also off-the-field instruction spanning mental health awareness by global speaker and former NFL pro Jay Barnett, financial literacy by Vista Bank, personal branding advice, entrepreneurship, and insights on the Business of the Game by former NFL athletes and professionals.

"Throughout the three days we supplied 100 student-athletes with sessions covering identity, mental health, spiritual health, nutrition, relationship skills, professional development and financial literacy. What made the impact even greater was the access that our student-athletes had to top

business executives and professional athletes in order to network, create relationships and to glean off of," said Camp Exposure Co-Founder Tyler Patmon.

The camp culminated on Day 3 (July 10th) with a high-energy 7-on-7 tournament, with the winning team vying for the Camp Exposure championship belt and bragging rights until next year's event.

"I am so grateful to have been invited to Camp Exposure," said high school athlete Patrick Donaldson. "So much valuable knowledge was passed on to me from both speakers and coaches. I feel that I have grown so much as a person and as a football player in these three days. I am beyond blessed to have received this incredible opportunity."

"At Vista Bank we have always sought to reinvest in the communities we are privileged to serve -- both with our time and resources," said John Steinmetz, CEO of Vista Bank. "Camp Exposure is one such partnership that shows the measurable impact of financial literacy, regardless of age. I couldn't be more proud of Lubbock Smith, our Director of Community Development, and his commitment to inspire and educate those around him through financial literacy. Lubbock exemplifies what it means to be a servant leader."



CAN YOU SELL YOUR HOUSE IF YOU HAVE A REVERSE MORTGAGE? YES!



house, then their heirs will have to take on that debt. Any truth to that?

Kisha- The Estate of the seller becomes responsible for repaying the loan or letting the house go back to the lender. As stated above the estate can sell the home to repay the loan.

SDM- It has also been stated that if the homeowner owed taxes on the house, then the home couldn't be sold. Any truth to that?

Kisha- There is a two-part answer to your question. When a senior takes out a reverse mortgage; they are still responsible for the annual property taxes and maintenance of the home. If not budgeted correctly they can easily become delinquent on their property taxes and lose their home to a foreclosure tax sale. However, they can sell the home, and the taxes can be paid from the profit of the sale.

SDM- Well Kisha you've put a lot of rumors to rest! Our community can greatly benefit from your many years in the housing business as a realtor and expertise in this arena. Are there any other misconceptions that you want to clear up? Also, how can people reach you if they need your services?

Kisha- I want our community to be educated on the pros and cons of a reverse mortgage. It can be a very helpful monetary resource for seniors on a fixed income, but they must be properly educated first. I've seen many homes lost because of the misinformation out there. I'd be happy to answer any questions about how to avoid losing a home with a reverse mortgage. My contact number is 214-854-2424.

Kisha- Absolutely! A reverse mortgage is a type of loan for senior citizens aged 62 or older who may want money to pay off an existing mortgage, supplement their income, or pay for necessary expenses. It allows them to convert part of the equity in their home into cash. This can be very appealing with seniors on a fixed income.

SDM- The most common scenario I hear about reverse mortgages is that once the person who has the reverse mortgage dies the mortgage company automatically gets the house. Is that true?

Kisha- The mortgage does NOT automatically revert back to the lender. The mortgage must be repaid in the event the seller dies. This can be achieved by selling the home. The heirs of the seller have the legal right to sell the home to repay the mortgage, and in today's market they can repay the loan and walk away with a profit from the sale of the home.

SDM- I've also heard that if the person dies that has the

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WOMEN PAINTING WOMEN: A MUST SEE EXHIBITION

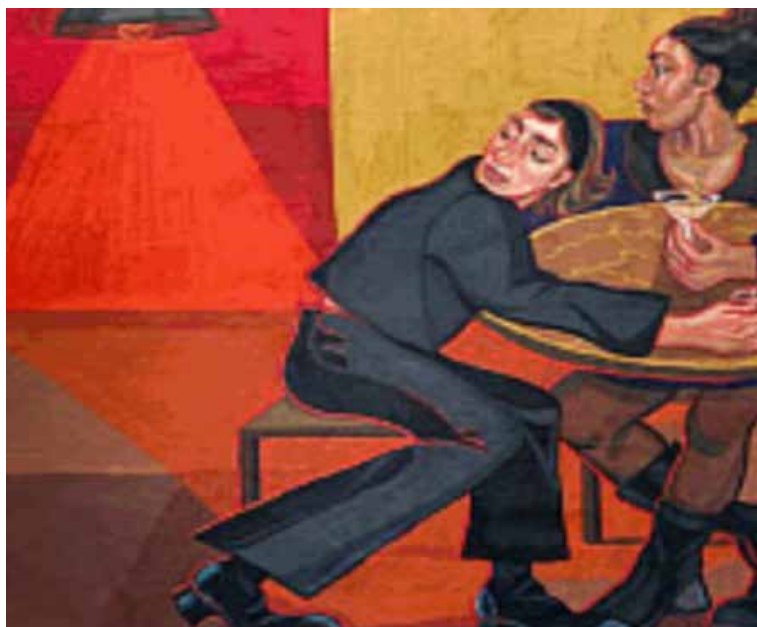


By Darryl Ratcliff

Women Painting Women, curated by Andrea Karnes at the Modern Art Museum of Fort Worth. The display of artistry is powerful, rollicking, muscular, full-throated, varied, meaningful, and inspiring, as the exhibition is full of women artists making paintings of women. Included in the exhibition are Njideka Akunyili Crosby, María Berrío, Jordan Casteel, Nicole Eisenman, Tracy Emin, Alice Neel, Faith Ringold, Deborah Roberts, Susan Rothenberg, Dana Schutz, Amy Sherald, Lorna Simpson and many others. However, it isn't just the starry names that make the show, it's the fact that Karnes was able to procure excellent paintings from each of them. The vast majority of the show consists of loans, which shows the effort and intention behind assembling these works and exhibited precisely this way. It is a curatorial tour-de-force, and for current and aspiring curators, one of the best examples North Texas has had in years of the full impact a curator can have on a specific exhibition.

One has to start with Amy Sherald's *A Midsummer Afternoon Dream* (2020), for it is the piece that greets you at the top of the stairs of the Modern. For many years this spot was occupied by a green self-portrait of Andy Warhol, and to now see a black woman gazing relaxed and confident at the viewer is a real treat. Sherald's signature treatment of skin tone in shades of warm grays gives an almost surrealist quality to the piece, as the landscape walks you through a place where sunflowers are in full bloom. Though she doesn't cease to stop there, as pictured also is a white dog and a bouquet of flowers resting in the basket of a pale yellow bicycle, on a sunny blue clouded day giving a sense of Americana remixed and revisited. The blue dress, the brushwork, the colors, everything is intentional, and perfected, and gives a feeling of joy.

Both of María Berrío's pieces, *Clouded Infinity* (2020) and *Wildflowers* (2017) stood out in terms of their monumental scale and use of folded, painted paper for texture. Dana Schutz's *Swimming, Smoking, Crying* (2009) is a beautiful figurative almost manner-





Presented By: Modern Art Museum of Fort Worth
 Dates: May 15, 2022 through September 25, 2022
 Recurrence: Recurring daily
 Location: Modern Art Museum of Fort Worth
 Address: 3200 Darnell Street, Fort Worth, TX 76107
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ist-style head of a woman doing all the things in the title simultaneously. Everything Schulz does with the water, face, eyes, and cigarette is top tier. Similarly, Nicole Eisenman's *Close to the Edge* (2015) is another masterclass in painting. The details within the brown paints, the scratchwork to get the light, and the translucence of the curtains on the window, all accentuates the realism of the photo. The lighter and the clock on the window sill, and the compositional effect of abstraction, like a Mondrian grid, it's relentless.

Jordan Casteel's *Pretty in Pink* (2019) shows a black woman sitting in a subway car in her pink coat and pink backpack with a heart on it, gazing with pink eye shadow and lipstick at her phone that too is pink. Casteel's ability to depict a moment in an almost gestural way, but still lovingly detailed, makes her one of the best painters of the millennial generation. There are so many other highlights, and if there is one thing to be aware of is that nude forms and sexuality are also addressed in this show in wonderful and loving ways.

So, I urge you to see this outstanding exhibition at the Modern. I know that I can't wait to revisit and learn more from these beautiful artists and paintings, and this time, I will be bringing my friends!.



A professional portrait of Magic Johnson, a Black man with a friendly expression, wearing a grey pinstriped suit jacket, a light purple shirt, and a patterned purple tie. The background is a dark, neutral grey.

*MAGIC
JOHNSON*

*To Be Honored at Dallas
Celebrity 2022 Fashion Show*

DFW, are you ready for one of the biggest celebrity events to come to Dallas Texas? The Dallas Celeb Fashion Award presents Shine Bright Like a Diamond, Saturday, August 20th at the historic Statler Hotel in Dallas Texas. This star-studded award and fashion show is honoring black nationally renowned designers who have created iconic brands such as Cross Colours, Karl Kani, Baby Phat, FUBU, and Dapper Dan.

Amongst the many honorees is former NBA legend, entrepreneur, humanitarian, and philanthropist Earvin "Magic" Johnson who will receive the Lifetime Achievement Award. The fashion show will also promote local black designers showcasing emerging trends with top models as well as one of the hottest fashion shows with some of your favorite celebrities.

We are also paying homage to Virgil Abloh and Andre Leon Talley, showcasing exquisite designs. with a portion of the proceeds to benefit black-owned nonprofit agencies; Where Are You Outreach (Homeless), American Apparel for Amputees, Mov2Liv, It's Going To Be OK, Rae's Hope, and WPS TV.

You'll be inspired and laugh out loud with the witty and comical "GRIFF" (@2trillion) from the Erica Campbell morning show

and Miss Personality with plenty of color LeTitia Owens (@titiaowens) as Co-host. Emmy Award winning Ro Parrish (@roparrish) will host the red carpet.

Lisa Stroud (@lisastroud03) is the founder of this spectacular event. She is also the CEO of Celeb Events/ M3 & ME Productions, a minority-owned celebrity event management company. Ms. Stroud has produced countless celebrity-driven events (galas, fashion shows, charity games, and hosted a fundraiser for President Obama at her home in Texas). With over 30 years of radio and television experience, she is also an Executive Producer and Host of her television talk show which is currently in production.

This event will provide opportunities for vendors to sell or display their amazing products to all of the guests as well as sponsorship opportunities for advertising and marketing.

Dallas, you don't want to miss it, Saturday, August 20th at the historic Statler Hotel



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For further information and questions, please contact Samantha Carr at: info@dallascelebfashionaward.com

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MAGAZINE 17

BROWN GIRLS BRUNCH!

The ladies of Dallas came out in full force at the Brown Girls Brunch at the Dallas Urban Arts Center. The event was sold out and great words of wisdom and encouragement flowed from the panel of powerful black women. The speakers consisted of Actress Brely Evans from BET, Trauma Coach and Mental Health Advocate Kristal Klear, Bank Owner and Real Estate Magnate Benaisha Poole-Watson and Fashion Designer

Toni Grant. The food was impeccable, the sounds by the DJ was perfect for the day and the words spoken by panelists were spot on. The moderator, Dr. Catrina Pullum kept the event flowing perfectly. Hopefully there will be another Brown Girls Brunch coming soon for those who missed this one!



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THE TRUTH ABOUT MONKEYPOX



spread the virus to others.

How is it spread?

Monkeypox spreads in different ways. The virus can spread from person-to-person through direct contact with the infectious rash, scabs, or body fluids. It also can be spread by respiratory secretions during prolonged, face-to-face contact, or during intimate physical contact, such as kissing, cuddling, or sex. In addition, pregnant people can spread the virus to their fetus through the placenta.

Touching items (such as clothing or linens) that previously touched the infectious rash or body fluids is another way monkeypox spreads. It's also possible for people to get monkeypox from infected animals, either by being scratched or bitten by the animal or by eating meat or using products from an infected animal.

People who do not have monkeypox symptoms cannot spread the virus to others.

Monkeypox can spread from the time symptoms start until the rash has fully healed and a fresh layer of skin has formed. The illness typically lasts 2-4 weeks.

<https://www.cdc.gov/poxvirus/monkeypox/faq.html#Basics>

Can I get Monkeypox from having Sex?

Even though it is not considered a sexually transmitted infection, monkeypox can spread during intimate physical contact between people. This contact can happen when you have sex, including:

- Oral, anal, and vaginal sex, or touching the genitals or anus of a person with monkeypox
- Hugging, massage, kissing or talking closely
- Touching fabrics, shared surfaces, and objects, such as bedding, towels and sex toys, that were used by a person with monkeypox

Anyone can get monkeypox if they have close contact with someone who has the virus.

What Treatments Area Available?

There are no treatments specifically for monkeypox virus infections. However, monkeypox and smallpox viruses are genetically similar, which means that antiviral drugs and vaccines developed to protect against smallpox may be used to treat and prevent monkeypox virus infections.

Antivirals, such as tecovirimat (TPOXX), may be recommended for people who are more likely to get severely ill, like patients with weakened immune systems.

The U.S. government has two stockpiled vaccines—JYNNEOS and ACAM2000—that can prevent monkeypox in people who have been exposed to the virus. Vaccines may be recommended for people who have had contact with someone who has monkeypox, or for healthcare and public health workers who may have been

Monkey Pox has hit the Dallas area at an alarming rate and here are some frequently asked questions that you should know and how to protect yourself and your loved ones.

Frequently Ask Questions

What Is Monkeypox?

Monkeypox is a rare disease caused by infection with the monkeypox virus. Monkeypox virus is part of the same family of viruses as smallpox. Monkeypox symptoms are similar to smallpox symptoms, but milder, and monkeypox is rarely fatal.

Is It Deadly?

The strain in this outbreak is rarely fatal. Over 99% of people who get this form of the disease are likely to survive.

Certain people have risk for serious illness- weakened immune systems, children under 8 years of age, people with a history of eczema, and people who are pregnant or breastfeeding.

Although the West African strain is rarely fatal, symptoms can be extremely painful, and people might have permanent scarring resulting from the rash.

Am I likely to get monkeypox?

At this time, the risk of monkeypox in the United States is believed to be low. Monkeypox does not spread easily between people, and the time between exposure and when symptoms start gives health officials more time to track down contacts and break the chain of infection. People who do not have monkeypox symptoms cannot

exposed to the virus.

Do I need to get Vaccinated against Monkeypox?

CDC does not recommend widespread vaccination against monkeypox at this time. However, vaccination may be recommended for some people who:

- Are close personal contacts of people with monkeypox
- May have been exposed to the virus.
- May have increased risk of being exposed to the virus, such as people who perform laboratory testing to diagnose monkeypox.

Could my Pet Get Monkeypox?

Monkeypox can spread between animals and people. However, CDC does not currently believe that monkeypox poses a high risk to pets.

During the 2003 monkeypox outbreak in the United States, we did not see disease spread to domestic animals other than prairie dogs, and we do not have reason to believe that we will see that now. However, we still recommend that people with monkeypox avoid interacting with animals and find someone else to take care of their pets while they recover.

What are The Symptoms?

Symptoms of monkeypox can include:

- Fever
- Headache

- Muscle aches and backache
 - Swollen lymph nodes
 - Chills
 - Exhaustion
 - A rash that can look like pimples or blisters that appears on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus.
 - o The rash goes through different stages before healing completely. The illness typically lasts 2-4 weeks.
- Sometimes, people get a rash first, followed by other symptoms. Others only experience a rash.

What Should I do if I have Symptoms?

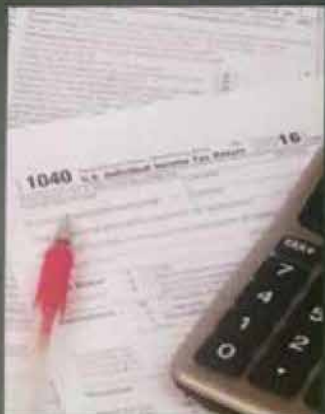
- See a healthcare provider if you notice a new or unexplained rash or other monkeypox symptoms.
- Remind the healthcare provider that monkeypox is circulating.
- Avoid close contact (including intimate physical contact) with others until a healthcare provider examines you.
- Avoid close contact with pets or other animals until a healthcare provider examines you.
- If you're waiting for test results, follow the same precautions.
- If your test is positive, stay isolated until your rash has healed, all scabs have fallen off, and a fresh layer of intact skin has formed

<https://www.cdc.gov/poxvirus/monkeypox/symptoms.html>

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START THE SCHOOL YEAR WITH AN A+ IN LUNCH



By Carol Taylor, MCN, RDN, LD
Registered Dietitian and Journalist

Most students return to school in August, backpacks full and often lunch bags dangling from their hands. Somehow, it seems natural that August is National Sandwich Month, with sandwiches a brown-bag staple. It's also Kids Eat Right Month™ -- when the Academy of Nutrition and Dietetics highlights "smart shopping, healthy eating and active lifestyles for every age group from infant to teens."

Balanced, nutritious meals power students through a day of learning and after-school activities.

When children skip lunch, they may have difficulty paying attention during afternoon classes, then turn to low-nutrient snacks after school, and miss out on key nutrients such as calcium, vitamin D, iron, zinc, and fiber.

So, here's how to get going and keep it going throughout the school year.

HOW TO MAKE IT WORK

Get your kids involved in planning, preparing, and packing their lunches. Let kids pick from a parent-approved list of foods to add to the grocery cart. At home, schedule time to prep. Let kids help wash, chop, and package veggies and fruits for the week. Children are more likely to try new foods and eat their lunches when they participate in preparing them.

WHAT TO INCLUDE

Starting with fruits and vegetables is a smart move. According to the Centers for Disease Control, most children still do not eat the recommended number of fruits and veggie servings daily. Naturally rich in vitamins, minerals, antioxidants, fiber, and other phytonutrients, veggies and fruit in adequate amounts help kids stay on track in growth milestones and prepare their brains and bodies for the rigors of life. Here's a good equation to start with:

2+1+1+1 = a balanced meal

2 vegetables servings
1 fruit

1 protein
1 whole grain

Choose a rainbow of vegetables and opt for whole fruits over fruit juices. Mix up protein options -- meats, beans, nuts, eggs, and tofu. Whole grains include 100% whole wheat bread, whole-grain wraps or crackers, brown rice, wild rice, oatmeal, teff, popcorn, barley, and quinoa.

KEEP IT INTERESTING

Sandwiches are the ultimate convenience food but also an ideal vehicle to pack in quality nutrients by adding lettuce, spinach, tomatoes, or grilled or roasted vegetables.

Play around with sandwiches. Look beyond the tradition PBJ and even 2 slices + filling equation to solve lunch dilemmas.

Use a whole grain tortilla or wrap, spread with refried beans or hummus, add fresh vegetables such as spinach, tomatoes, shredded carrots, shredded zucchini, and sliced bell pepper.

Or opt for cubes of ham or turkey with cubes of leftover cornbread or whole grain crackers instead of a sandwich. Include other finger foods such as sliced bell peppers, cherry tomatoes, carrots, broccoli, or cauliflower florets with dip.

Celebrate special days such as birthdays or a holiday or a just because day by including a special treat.

Kids, like adults, eat with their eyes first, so go for the color and cut fruits and vegetables and sandwiches into fun shapes; younger children can help with this using cookie cutters.

Preparing balanced lunches to take to school is part of setting up kids for a lifetime of healthful eating. And a full stomach from a healthy lunch will help power them through a productive afternoon in class.

Photo: Pixabay



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NA'KAYSHIONS WEDDING AND EVENT 15 YEARS AND STILL SERVING THE COMMUNITY

Na'Kayshions LLC, located at 432 South Clark Road, announced its opening March 17, 2007. A family-owned company operated by Nancy and Samuel Jackson, Jr. The idea to open a facility of this magnitude was a vision from God. Initially the objective was to renovate an old existing farm home at this present location and to transform the entire site into a beautiful oasis, but with the many challenges and finances it took in doing so, it became evident that it wasn't cost effective.

Instead, a new structure called The Grand Hall was designed and built. The Grand Hall is a beautifully decorated facility, adorned with chandeliers, stained glass, a raised stage, disco ball and a wooden dance floor. The facility has been the chosen site for many weddings, receptions, award banquets, meetings, dinners, conferences, birthday parties and more. The Grand Hall Facility seating capacity is 300.

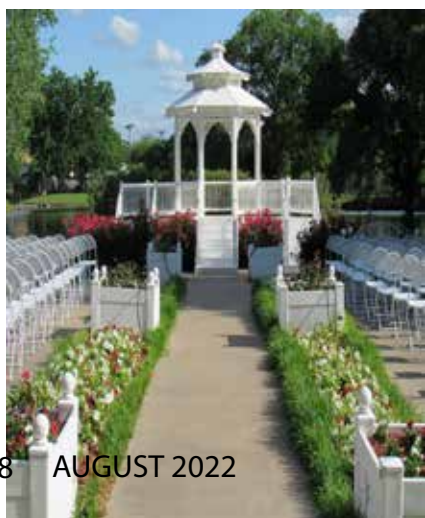
The second objective was to build a lovely garden gazebo overlooking a tranquil lake. Within a few months it had gained popularity. The lovely Garden Gazebo, at the Lakeside, is surrounded by trees and knock out roses. It's the perfect place for a Cinderella Wedding. Various picnic areas and pavilion areas line the borders of the lake. The garden is suited for Mother and Daughter Teas, Fashion Shows, Garden Parties, Picnics, and Family Reunions. The Garden Gazebo seating capacity is 300.

Once that portion of the building was ongoing, their third objective was to save an old historic 18th century church from demolition

and to move it from Coit Rd, in North Dallas, to Cedar Hill, Texas. This quaint church had family ties founded by Mr. Jackson's great grandfather, Mr. Moses Jackson. Television stations and local newspapers captured the historic move and many articles followed...Dallas Woman Finds Purpose".

The Historic Chapel was originally constructed in 1890 and beautifully restored in 2007. The chapel has a large bell, that's perfect for a wedding day! The chapel is ideal for start up ministries, christenings, memorials, and workshops. Since its origin, the Chapel has filmed one video, been included in the selection as a film location site by the Governor of Texas, and has partnered with Cedar Hill Bible Fellowship, Rev. William L. Askew, Sr. serving as first pastor to bring souls to Christ. The chapel has 16 pews, stage, podium, bridal room, restrooms, and a foyer. Seating capacity is 100.

Mr. and Mrs. Jackson realized a need to reach out to the community and to many individuals in need. Their true core value is based upon their spiritual faith, their gratefulness to God and family legacy. They always remember those who helped them come this far, and they hold a conviction n giving back to help others. The company's 15-year name recognition, being a recipient of The Focus Daily News Reader's Choice Award of 2011 – 2021 for "Best Wedding Venue", having hosted over a thousand events and featured on National Television – TLC Channel!!!!, along with their passion...ALL have contributed to Na'Kayshions growth, business and success!



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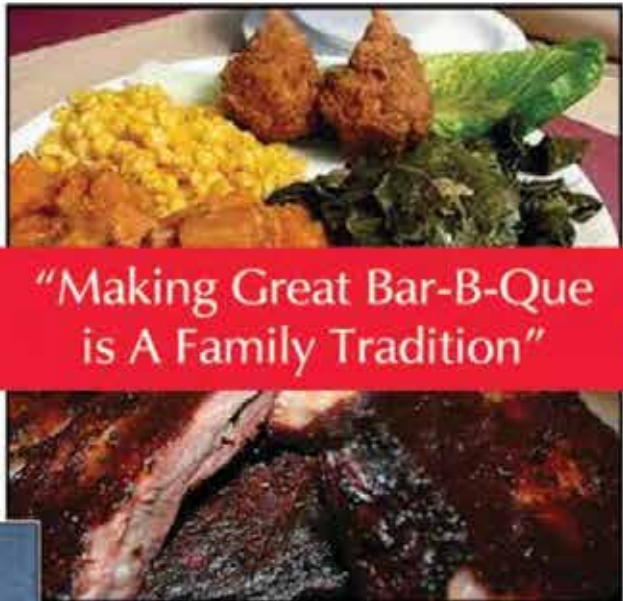


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